

phot

# WILD LEEK

Allium tricoccum

Also known as Ramps. A favorite of spring foragers, this member of the onion family is considered a culinary delicacy. Rather than depleting native populations, consider creating a source in your own backyard!

#### **Benefits for Wildlife**

- Important nectar source for early pollinators
- Birds and mammals enjoy the fruits
- Turkeys snack on the seeds in fall

## **Benefits for People**

- Edible member of the onion family can be eaten raw in salads, pickled, or dried for seasoning
- Native Americans used the juices from crushed bulbs to treat insect stings

### **Growing Information**

Sunlight Part shade to shade Soil Type High organic matter,

moist, well-drained,

acidic-neutral

Height 6-12" Width 6-12"

Flowering calendar June to July

#### **Natural Habitat**

• Woodland, riparian

