



Photos: Arthur Haines

OBEDIENT (FALSE) DRAGONHEAD

Physostegia virginiana

This bold, long-blooming beauty has robust, tubular, pink snapdragon-like flower spikes that top tall, square stems with narrow, toothed leaves. Great for back-of-the-border and cottage gardens.

Growing Information

Sunlight	Full sun
Soil Type	Average to moist, well-drained soil
Height	3–4'
Flowering calendar	June to September

Benefits for Wildlife

Leaves	Unknown
Flowers	Usually pollinated by bees, but attracts other pollinators that sip nectar, such as hummingbirds and butterflies
Fruit	No
Seeds	No
Host to caterpillars:	Unknown

Benefits for People

- The common name “obedient plant” is derived from the tendency of the flowers to stay in place after being repositioned.
- Good as a cut flower.
- Spreads by rhizomes and will self-seed
- Deer resistant

Natural Habitat

- Woodland edges
- Moist meadows
- Thickets

