

OBEDIENT (FALSE) DRAGONHEAD

Physostegia virginiana

This bold, long-blooming beauty has robust, tubular, pink snapdragon-like flower spikes that top tall, square stems with narrow, toothed leaves.

Great for back-of-the-border and cottage gardens.

Growing Information

Sunlight Full sun

Soil Type Average to moist, well-drained

soil

Height 3–4'

Flowering calendar June to September

Benefits for Wildlife

Leaves Unknown

Flowers Usually pollinated by bees,

but attracts other pollinators

that sip nectar, such as

hummingbirds and butterflies

Fruit No Seeds No

Host to caterpillars: Unknown

Benefits for People

- The common name "obedient plant" is derived from the tendency of the flowers to stay in place after being repositioned.
- Good as a cut flower.
- Spreads by rhizomes and will self-seed
- Deer resistent

Natural Habitat

- · Woodland edges
- · Moist meadows
- Thickets

