



Photos: Arthur Haines

MOSS (OR CREEPING) PHLOX

Phlox subulata

Perfect for rock gardens, borders, and edge plantings, this native carpet-forming, spreading plant has reddish-purple, pink, and occasionally white tubular, fragrant flowers. Pollinators love it!

Growing Information

Sunlight	Full sun
Soil Type	Medium moisture, but must be well drained
Height	.25–.50'
Flowering calendar	April to May

Benefits for Wildlife

Leaves	Larval host plant to 7 species of butterflies and moths
Flowers	Provides early season nectar for swallowtail butterflies, hummingbird moths, clearwing moths, and hummingbirds.
Fruit	No
Seeds	No
Host to caterpillar species (common names):	Olive Arches; Spotted Straw Sun Moth; Common Idia; Purple-Lined Sallow; Hitched Arches; Corn Earworm Moth; Stalk Border

Benefits for People

- *Phlox* is derived from the Greek *flame*, in reference to the intense flower colors.
- Cut back the stems after flowering by half for a possible light rebloom.

Natural Habitat

Rocky ledges and slopes

