



photo: Dan Jaffe

# MEADOWSWEET

*Spiraea latifolia*, also *Spiraea alba* var. *latifolia*

A lovely mounding shrub with small white and pinkish flowers in cone-shaped clusters. Attracts birds and native bees.

## Growing Information

Sunlight Full sun to part shade  
Soil Type Moist  
Height 3–4'  
Deer tolerant  
Flowering calendar June to August

## Benefits for Wildlife

Leaves  
Flowers Yes  
Fruit  
Seeds  
Host to 101 caterpillar species, including:  
(common names) Isabella Tiger Moth; Apple  
Sphinx; Crocus Geometer; Cecropia  
Silkmoth; Whitemarked Tussock Moth; Io  
Moth; Blinded Sphinx

## Benefits for People

- Good for cut flowers
- Remove spent flower clusters to promote additional blooms

## Natural Habitat

- Wet meadows, moist slopes, open ground near streams

