



photo: Dan Jaffe

MEADOWSWEET

Spiraea alba

A lovely mounding shrub with small white and pinkish flowers in cone-shaped clusters. Attracts birds and native bees.

Benefits for Wildlife

- Great nesting habitat for songbirds
- Grouse eat the buds
- Rabbits and deer browse branches

Host to 101 caterpillar species, including:
(common names) Isabella Tiger Moth; Apple Sphinx; Crocus Geometer; Cecropia Silkmoth; Whitemarked Tussock Moth; Io Moth; Blinded Sphinx

Benefits for People

- Good for cut flowers
- Remove spent flower clusters to promote additional blooms
- Deer tolerant

Growing Information

Sunlight Full to part sun

Soil Type Moist

Height 3-4'

Width 3-4'

Flowering calendar June to August

Natural Habitat

- Wet meadows, moist slopes, open ground near streams

