



photo: Dan Jaffe

GOATSBEARD

Aruncus dioicus

A handsome perennial with creamy white flower plumes that brightens shady spots. Becomes shrublike over time and is a great plant for the back of the garden.

Benefits for Wildlife

- Flowers attract bees, butterflies, moths, flies, and beetles
- Songbirds eat the seeds

Benefits for People

- Low maintenance
- Deer resistant
- The blooms last for a long time and make excellent cut flowers
- Wabanakis used the roots and leaves for medicinal purposes

Growing Information

<i>Sunlight</i>	Part sun to full shade; full sun if soil is kept moist
<i>Soil Type</i>	Moist, fertile
<i>Height</i>	4–6'
<i>Width</i>	2–4'
<i>Flowering calendar</i>	Late spring/early summer

Natural Habitat

- Moist woodlands

