



photo: Dan Jaffe

FOAM FLOWER

Tiarella cordifolia

A great groundcover for shade gardens, the small, white to pinkish, foam-like flowers of this native plant really shine. The semi-glossy, heart-shaped leaves are often tinged with burgundy variegation along the veins. A real winner!

Growing Information

Sunlight	Part shade to full shade
Soil Type	Prefers moisture-retentive soils and should not be allowed to dry out
Height	1'
Flowering calendar	May to June

Benefits for Wildlife

Leaves	Unknown
Flowers	Attracts early season bees, pollinating flies, butterflies and moths
Fruit	No
Seeds	No
Host to a caterpillar species	Unknown

Benefits for People

- Great for a shade-loving groundcover, this plant spreads rapidly by runners
- Long, foamy look of flower stamens gives this plant its common name
- The genus name *Tiarella* comes from the Greek tiara, and refers to the crown-like appearance of the fruit

Natural Habitat

- Damp, mossy areas in woods, streambanks

