



photos: Dan Jaffe

CULVER'S ROOT

Veronicastrum virginicum

Like a glowing candelabra, this stunning native will light up back-of-the-border areas and create cottage charm. Elegantly reaches 5' with spikes of white to purple-tinged flowers. Attracts bees and butterflies galore!

Growing Information

Sunlight	Full sun, but can be grown in partial shade (<i>may need staking</i>)
Soil Type	Average or medium to wet, but should not dry out
Height	4–6'
Flowering calendar	June to August

Benefits for Wildlife

Leaves	Larval host plant to 7 species of butterflies and moths
Flowers	Attracts a wide variety of pollinators
Fruit	No
Seeds	No

Host to 7 caterpillar species:

(*common names*) Culver's Root Borer; Dotted Wave; Carmenta corni; The Baltimore; Burdock Borer; One-lined Sparganothis; Dusky Leafroller

Benefits for People

- Deadhead spent flowers to extend bloom time and/or cut back to basal growth for possible late summer or fall bloom
- The common name, Culver's root, refers to an 18th century pioneering physician, Dr. Culver, who used the plant roots for medicinal purposes

Natural Habitat

- Open woods and moist meadows

